



Social Story Parent and Care Taker Guide

Social Stories either help prepare people for an event, celebrate a success a person has had or help an individual work on a challenging behavior. This social story is designed to help prepare audience members for a Music for Autism concert by letting them know what they can expect to hear, see, and experience at the concert. Parents or caregivers reading the social story should feel free to amend the story based on the specific needs of their audience. It should be read a few times before the person goes to the concert.

Below is the text of the social story we have created as a sample. There are also suggestions as to how parents and caregivers can modify the story to include details for a specific concert. On our web site you can download a copy of the story including photos that you can print out to share with your audience member!

I Am Going to A Music For Autism Concert

I am going to a Music for Autism concert!

(Can include day and location: I am going to a Music for Autism concert in New York City this Saturday.)

I will do good sitting and listen to the musicians play music.

(If details are known about the type of music, this line could include the instrument or even the musician(s)'s name: I will do good sitting and listen to Jade play music on the piano.)

I will eat healthy snacks there.

(Usually snacks include vegetables, fruit, cheese, crackers, and juice.)

I will pretend that I am a conductor.

(During the conducting time, the musician(s) will teach audience members a basic conducting pattern that they can use to lead the musician in a song.)

I will use musical instruments.

(During the percussion time, audience members will be handed percussion instruments like drums, tambourines, bells, and shakers.)

I will have a wonderful time at the concert because I love music!

Depending on the child, parents/caregivers can choose to emphasize different aspects of the concerts. An audience member might enjoy a specific part of the concert that you can remember together before the next concert you attend. Add your own lines to the story you tell your child to make it your own! These might include:

I will see friends at the concert who will play music with me.

I will flap my hands to show how much I like each song.

Mom/Dad/Sister/Brother will listen to the music with me.

I will learn about a new type of music.

We will have a fun time travelling to the concert.